

# PlatinumSkies

HEALTH • WEALTH • HAPPINESS

## life



# Mind, body and spirit

Discover a better way with Platinum Skies retirement living



**Try our Beatles quiz**  
Find the hidden songs and win £500 of John Lewis vouchers!



**Health & wellbeing** P6



**Nutritional advice** P9



**Staying active** P12

**Boosting your immune system to protect against viruses** P10



# EXPLORE OUR HOMES WITH OUR VIRTUAL TOUR!

Our sales office is now closed, but you can still enjoy a virtual tour of our retirement communities. It's so easy to use. Simply visit us on [platinumskies.co.uk](http://platinumskies.co.uk) to book your tour now!

☎ 01202 012571 @ [platinumskies.co.uk](http://platinumskies.co.uk)

NEW HOMES AVAILABLE IN POOLE • SALISBURY • SHERBORNE • TAUNTON



“ Comfort, happiness and peace of mind within easy reach of everyone ”

# Welcome!

You can follow us  
Have a look on [platinumskies.co.uk](http://platinumskies.co.uk)

The April *Platinum Life* magazine is packed with tips for a better retirement!

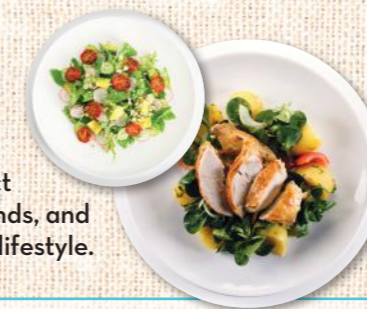
### 4 Help for now and the future

Platinum Skies make luxury retirement affordable for all.



### 6 You are what you eat

We have a closer look at the best healthy options for the mind and body that'll keep you feeling great.



### 8 Healthy eating tips

Our bistros are the perfect haven for eating with friends, and the heart of our Platinum lifestyle.



### 12 Activities and events

Stay on your toes with an action-packed programme of optional lifestyle events and classes we have on offer.

### 14 Making money work

Free up your money for the things that matter, so you can live life to the full and enjoy it with the people that you care about.



**PlatinumSkies** *life*

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If you would like to find out more about any of our properties or services, please feel free to get in touch.  
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Tel: 01202 012571. Email: [getintouch@platinumskies.co.uk](mailto:getintouch@platinumskies.co.uk)



# With a little help from my friends

Platinum Skies is here to help you now and in the future. Affordable retirement living should be available to all.

**T**EAMWORK MAKES the dream work, as they say. Retirement living specialist Platinum Skies know this better than others. It's why they make beautiful new homes truly affordable through their Government backed, Shared Ownership scheme.

They achieve this by allowing customers to buy a new home outright, but only paying half of its full market value.

With a share in one of the new homes, you then only pay a monthly rent and service charge. Here comes the really clever part - they also buy and sell your previous

property at full market value.

This leaves you with a lot more cash unlocked to invest or use to enjoy life to the full. When you compare this with traditional ways of releasing money from your old property, such as equity release. It's easy to see why so many retirees are choosing to make their move with them.

### Affordable and accessible

The beautiful apartments start from as little as £99,500 and are available on a shared ownership basis. Platinum Skies have worked hard to establish this accessible

and affordable financial route by working with Homes England who regulate the scheme.

It's aimed squarely at those over-55 who are fed-up with the usual isolated locations and high costs of the average retirement developments.

Part of the Affordable Housing and Healthcare Group, they've been creating vibrant, affordable, secure communities for elderly residents for over 20 years.

Working in close partnership with the NHS and Government and working hard to solve the housing and healthcare challenges that face our ageing population.



Lower Parkstone

### FIND OUT MORE

To find out more about shared ownership, visit [platinumskies.co.uk](http://platinumskies.co.uk) or call us on 01202 012571

### Amazing communities

Another important factor to their success is that each of the Platinum Skies locations (Christchurch, Poole, Salisbury and Sherborne) are well placed near to amenities and beautiful scenery.

Couple this with a diverse selection of lifestyle activities in their communal lounges and an ever-changing menu of delicious, healthy cuisine being served in their bistros - then you have a dream retirement.

### Simple and stress-free

As if the process wasn't seamless enough, Platinum Skies enables you to move into your new home, even before you have a buyer for your old property. Taking the worry out of moving, they manage the sale of residents' previous property and assist with packing, removals and unpacking.

Importantly, they also manage and maintain all elements of their developments. ■



## Picture perfect views

A RECENT photography competition held at Vista in Poole celebrated the beautiful views over Poole Harbour, the Isle of Purbeck and the surrounding Dorset countryside. Not to mention the stunning architecture of Platinum Skies retirement living community, Vista.

The Mayor of Poole greeted members of the Parkstone Camera Club who had spent the day taking photographs of Vista. Congratulations to Carolyn Jenkins who captured the winning image.

A montage of the photos were displayed for residents to enjoy in the communal lounge.



Salisbury



Central Poole



Sherborne

### PLENTY OF LOCATIONS TO CHOOSE FROM

We only pick the best locations in the most sought after areas - close to amenities and natural beauty.



**MEET BARBARA!**  
Why not watch one of Barbara's regular videos on nutrition and health



# All you need is love

You are what you eat and we offer healthy options to keep you on the go.

**J**UST BECAUSE you're moving to a new home, it doesn't mean your lifestyle should change. Each of Platinum Skies locations are well placed to offer you a happy, healthy and wealthy retirement.

What sets them apart is how they create a truly welcoming and inclusive atmosphere.

It's why they work hard to offer all their owners a wide-range of lifestyle services that bring the best in activity and nutrition. This can be seen in the

diverse activities on offer in the communal areas and the ever-changing menu of delicious, healthy cuisine to enjoy.

## Our Head of Wellbeing

Barbara Cox, specialist health consultant and Head of Wellbeing at Platinum Skies, says: "Our ethos at Platinum Skies is health, wealth and happiness and this is at the very core of our lifestyle offering. As the Head of Wellbeing, I overlook our different bistro sites

## RETIREMENT IN MOTION - WHEEL OF WELLNESS

Above: The Wheel of Wellness focuses on the key factors of the Platinum Skies retirement lifestyle.

and the menu options making sure that they are nutritious and delicious and to your liking. We have a massive variety of food on the menu, as well as great seasonal produce from local suppliers."

Barbara added: "We also plan events throughout the year that our all connected to health, wealth and happiness. ■

# Revolution!



**Barbara's tips**

BARBARA COX takes a 360° view of your health and wellbeing. In order to create a lasting balance and order in your life, we look at the holistic ways of living that reflect on our mind, body and spirit.

## Fitness

We make sure that we offer fantastic fitness classes. We need that physical activity to release the right hormones and make us feel good, as part of our mental wellbeing and physical fitness.



## Personal Growth

We offer many social activities that are aimed at improving skills, potential and ability. Our residents have the opportunity to try new experiences at any age.

## Environment

The environment is stunning here, and we'd recommend that you come and visit us. Walk into any of our Platinum Skies homes and you'll immediately notice the abundance of natural light that will put you at ease and make you feel instantly at home.



## Family & Friends

We create beautiful, supportive communities at Platinum Skies. Any form of social interaction is highly beneficial and can be vital in combating feelings of loneliness and depression. This is a very important part of our Wheel of Wellness.

## Wealth

Our ethos here is health, wealth and happiness. It's a really important area and Platinum Skies could help you to unlock your wealth. Being able to provide for your family and loved ones, could help to give you peace of mind.

## Fun and Recreation

When was the last time you put in your diary to have fun? Here at Platinum Skies we love having fun and find that it brings staff and residents together. Why not give yourself the opportunity to enjoy yourself at one of the many events that are centred around recreation.



## Romance

Love enhances our lives. Whether it be in a relationship, friendship or a courtship.



*A vibrant community*

## Learning

We're always learning about you. The importance of positive mental health is something that we embrace at Platinum Skies. We include everyone in everything that we do.

## Community

We have created the most wonderful, independent living communities here at Platinum Skies. The atmosphere and camaraderie are what makes it come alive. It's a real home.



# Come Together

There's nothing more sociable than gathering around the table to eat and drink. It's why our bistro and communal lounge facilities are at the heart of the Platinum Skies lifestyle.

**T**HERE IS no better feeling than sitting down with good company and tucking into first-class cuisine and beverages.

What's better you don't have to worry about slaving over a hot oven or doing the dreaded washing up! The bistro restaurants that are available at many of the Platinum Skies locations are geared up for any occasion.

What's more, you can take in the glorious landscaped gardens or sea views from the alfresco communal terrace.

The bistros and communal lounges have sumptuous interiors and provide a relaxing and pleasant environment.

You can also entertain guests outdoors at one of the many communal areas, nestled amid idyllic green open spaces. They can even cater for that special occasion, be it birthday, anniversary, or celebrating an important milestone.

Tasty and healthy dishes



Relaxing and socialising



## An appetite for life

The menu is reflective of the varied tastes of the residents. You can find reassuringly homecooked favourites sat alongside exotic meals for the more adventurous. The dishes are healthy, nutritionally balanced and Platinum Skies provide options for those with special dietary requirements such as vegetarian, vegan and coeliac.

## Food for thought

There's always something going on in the kitchen. With an ever-changing menu that uses seasonal ingredients and local food producers. There are also regular cookery classes to give residents a chance to try something new. The bistros are also open to the public, which creates a valuable social hub in the heart of the local community. ■

# Mindful snacking



Barbara's tips

EATING HEALTHY and mindfully isn't about resistance or restriction. It's about enjoying the food you're eating.

We all eat unhealthily and mindlessly at times, whether we're on the go at a service station, out having coffee with friends, in a hurry, watching TV or finishing all the food on our plate just because it's there.

We might be eating to handle stress like snacking on some comfort food but not really tasting it after the first few bites. I've seen people "inhale" snacks when they're feeling stressed within just a few chews, which isn't healthy for your digestive system either!

Mindful eating is a powerful way to bring balance into every aspect of how we eat, not just snacking. So, here's some healthy snacks to try that will increase your energy much better than grabbing the biscuits, crisps and chocolate bars.

## Snack smart with these...

**Eggs** are easy, quick, cheap, tasty and nutritious. Try making omelettes with the veg you like or serve with salad. Can be eaten cold as a snack or hot as a meal.

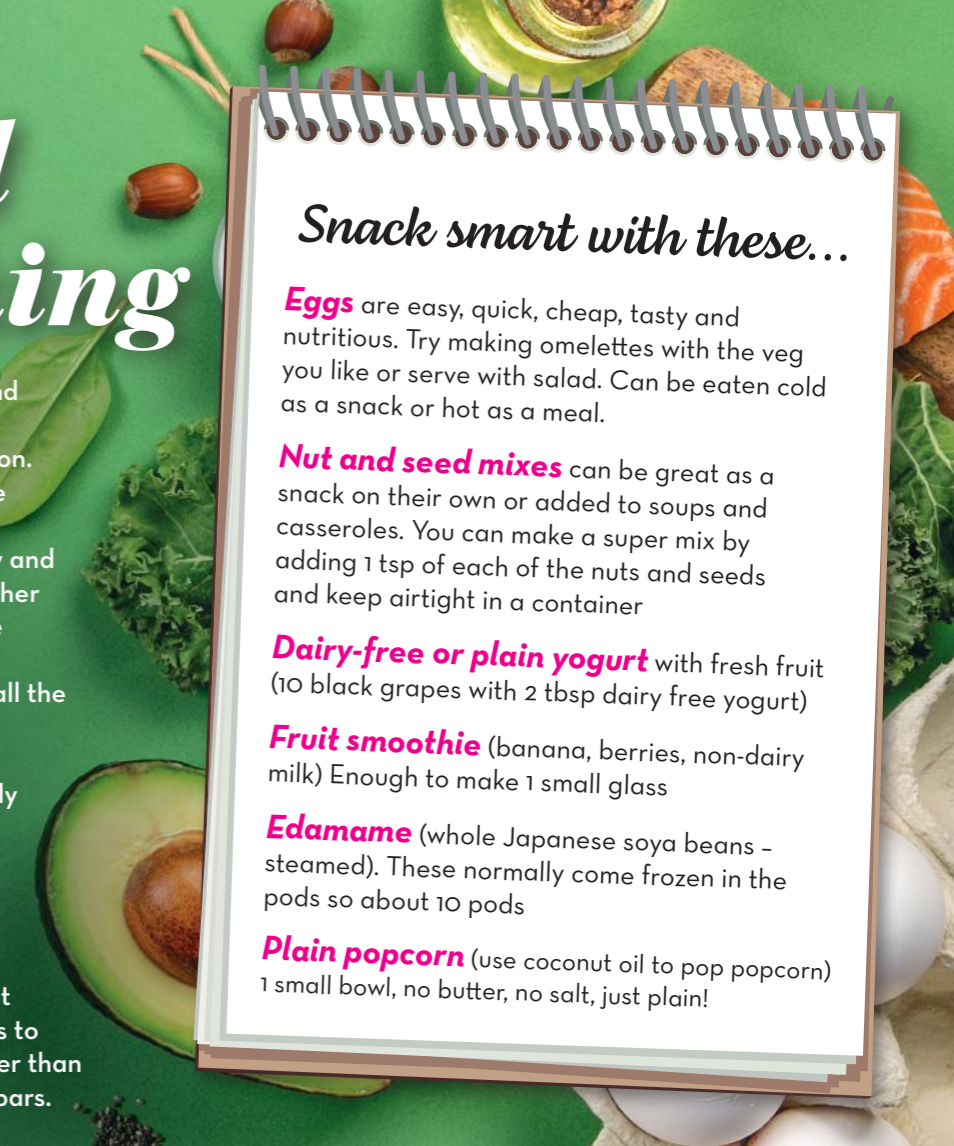
**Nut and seed mixes** can be great as a snack on their own or added to soups and casseroles. You can make a super mix by adding 1 tsp of each of the nuts and seeds and keep airtight in a container

**Dairy-free or plain yogurt** with fresh fruit (10 black grapes with 2 tbsp dairy free yogurt)

**Fruit smoothie** (banana, berries, non-dairy milk) Enough to make 1 small glass

**Edamame** (whole Japanese soya beans - steamed). These normally come frozen in the pods so about 10 pods

**Plain popcorn** (use coconut oil to pop popcorn) 1 small bowl, no butter, no salt, just plain!



# Healthy diet benefits

HEART DISEASE, which includes heart attacks, angina and stroke are now one of the leading causes of death in the UK.

That's the bad news, but there is some good news..... it's nearly all preventable through adopting a healthy diet. So, here are some tips on reducing your risk of heart disease:

- Cut your consumption of 'bad fats'. That's saturated fats found in animal products such as red meat, cheese and butter; and 'trans-fats' in cakes, biscuits and margarine.

- Go for 'essential fats' instead. Like Omega-3 and Omega-6, available in fish oils, nuts and avocados. So, what's a recipe that's good for your heart?



So easy to do!

## Why not try... Roasted Vegetables with Baked Salmon & Herb Sauce

### Ingredients:

- 4 Salmon Fillets
- Olive Oil for brushing
- 8 thin slices of lemon
- Pepper to taste
- Herb Sauce
- 4 tbsp olive oil
- 1 garlic clove crushed
- 2 tbsp chopped parsley
- 2 tbsp chopped coriander
- 1 tbsp chopped mint
- 1 tbsp course grain mustard
- Juice of lemon

### Directions:

- Preheat oven to 200°C.
- Brush salmon with olive oil.
- Top each fillet with 2 lemons and add pepper to taste.
- Cook for 20 minutes or until cooked through.
- For herb sauce put all the ingredients into food processor and blend.
- Spoon herb sauce over salmon and serve.



# Boosting your immune system

to help meet the challenge of viruses



Barbara's tips

Maximising your body's ability to heal and protect

WE'RE ALL naturally concerned about the recent spread of the coronavirus. At Platinum Skies, we're working hard with our staff and residents on effective hand washing.

But it is also of fundamental importance to have a healthy diet - for more information please see [www.platinumskies.co.uk](http://www.platinumskies.co.uk).

These are my personal top ten tips for boosting your immune system:

## Barbara's Top 10 body boosters:

### 1 Drink plenty of water.

As well as being the main component of blood and other body fluids, water plays a vital role in maintaining correct body temperature and flushing toxins out of the body. You should aim to drink at least two litres a day.

### 2 Eat plenty of fruit and veg.

Fruit and vegetables are simply the best kinds of food for us, as they provide a variety of essential minerals and vitamins.

### 3 Buy organic produce.

Organic produce is grown without the use of harmful chemicals and therefore much safer. So, if you love apples and eat them daily, then choose organic apples!

### 4 Consume fish and fish oils.

Fish naturally provides oils which neutralise harmful free radicals in the body. Great choices of oily fish are wild salmon, sardines, mackerel, herring and trout.

### 5 Cut down on dairy.

Some dairy products have been found to contain hormones, antibiotics, toxins and pesticides, all of which can have a damaging effect when consumed over a period of time. Try some great plant-based alternative milks like oat, rice, almond, cashew, hazelnut, hemp and pea.

### 6 Cut down on sugar and saturated fats.

Sugar can have a devastating effect on health. Equally destructive are saturated fats and oils, such as those in animal fat, as well as processed and fast foods.

### 7 Avoid food additives.

Especially colouring agents and artificial sweeteners. While some additives stop the growth of food-poisoning bacteria, the vast majority are only used for cosmetic purposes.

### 8 Reduce your intake of salt.

We get all the sodium we need from the natural ingredients of food. Unfortunately, the extra that we get from processed foods is not only unnecessary, but actually very harmful.

### 9 Strive for an alkalisating diet.

Try to cut down on acid-forming food and drinks like alcohol, cakes, chocolate, coffee, crisps, fizzy drinks, eggs, meat, milk, salt, sugar and tea. Instead, try to consume more alkalisating food and drinks like fruit and vegetables, herbal teas, millet, fresh cracked nuts and seeds.

### 10 Take regular minerals and vitamins.

The minerals and vitamins that are present when fruit and vegetables are picked may well have broken down by the time the produce reaches the supermarket shelves. For these reasons it is wise to take a daily supplement.



Win £500 of John Lewis vouchers!

# We Can Work It Out!

Why not try our fab competition and see if you can find all our hidden Beatles song titles in this issue of Platinum Life!

To mark the 60th anniversary of The Beatles, we have a fantastic competition to win £500 worth of John Lewis vouchers. To be in with a chance of winning, all you have to do is find the seven song titles that we've placed throughout the magazine headlines.

To enter by post:

## Platinum Skies "Find the Beatles song title" competition



There were seven titles to find - they were:

- Song title 1: .....
- Song title 2: .....
- Song title 3: .....
- Song title 4: .....
- Song title 5: .....
- Song title 6: .....
- Song title 7: .....

I would like to receive further information from Platinum Skies

Name: .....

Email address: .....

Address: .....

Telephone: .....

Once completed, please cut out and send this entry form to: Platinum Skies Wordsearch competition, Platinum Skies, 170 Charminster Road, Bournemouth, Dorset BH8 9RL. Entry close date is 30 April 2020.

To enter online:

Simply visit [platinumskies.co.uk/beatles](http://platinumskies.co.uk/beatles)

TERMS AND CONDITIONS: 1. The promoter is Platinum Skies Group Ltd, part of the Affordable Housing & Healthcare Group Ltd. Company number 09413068. Registered office address: Midland House, 2 Poole Rd, Bournemouth Dorset BH2 5QY. 2. The competition is open to residents of the United Kingdom aged 35 years or over except employees of Platinum Skies Group Ltd, Affordable Housing & Healthcare Group Ltd and their close relatives and anyone otherwise connected with the organisation or judging of the draw. 3. There is no entry fee and no purchase necessary to enter this draw. 4. By entering this competition, an entrant is indicating his/her agreement to be bound by these terms and conditions. 5. Only one entry will be accepted per person. Multiple entries from the same person will be disqualified. 6. No responsibility can be accepted for entries not received for whatever reason. 7. The rules of the draw and how to enter are as follows: fill in the postal or online form with your contact details, if posting send to the address on this form. 8. The promoter reserves the right to cancel or amend the draw and these terms and conditions without notice in the event of a catastrophe, war, civil or military disturbance, act of God or any actual or anticipated breach of any applicable law or regulation or any other event outside of the promoter's control. Any changes to the draw will be notified to entrants as soon as possible by the promoter. 9. The promoter is not responsible for inaccurate prize details supplied to any entrant by any third party connected with this draw. 10. The prize is £500 worth of John Lewis gift vouchers. The prize is as stated and no cash or other alternatives will be offered. The prizes are not transferable. Prizes are subject to availability and we reserve the right to substitute any prize with another of equivalent value without giving notice. 11. Winners will be chosen at random from all entries received and verified by the Promoter. 12. The winner will be notified by email, post or telephone within 28 days of the closing date. If the winner cannot be contacted or does not claim the prize within 14 days of notification, we reserve the right to withdraw the prize from the winner and pick a replacement winner. 13. The promoter will notify the winner when and where the prize can be collected or delivered. 14. The promoter's decision in respect of all matters to do with the draw will be final and no correspondence will be entered into. 15. By entering this draw, an entrant is indicating his/her agreement to be bound by these terms and conditions. 16. The draw and these terms and conditions will be governed by law and any disputes will be subject to the exclusive jurisdiction of the courts. 17. The winner agrees to the use of his/her name and image in any publicity material, as well as their entry. Any personal data relating to the winner or any other entrants will be used solely in accordance with current UK data protection legislation and will not be disclosed to a third party without the entrant's prior consent. 18. Entry into the draw will be deemed as acceptance of these terms and conditions. 19. You are providing your information to Platinum Skies Group Ltd, part of Affordable Housing & Healthcare Group Ltd and not to any other party. The information provided will be used in conjunction with the following Privacy Policy found at [www.platinumskies.co.uk/privacy-policy/](http://www.platinumskies.co.uk/privacy-policy/)



# A Day In The Life

**Health for mind & body**

**Stay on your toes with a thoughtful and varied programme of optional lifestyle events and classes**

**A**T PLATINUM SKIES, it's not only about nutrition and the right food choices. Maintaining an active social life has many health benefits.

It's important to remember that loneliness can affect anyone, of any age. This is why at all Platinum Skies locations there is an on-site Lifestyle Manager helping to build a dynamic community as well as offering support to each

of the residents.

Many of the sites offer a spectacular private lounge, treatment rooms and an activity studio. Platinum Skies residents can choose to take advantage of a range of exercise and wellness classes organised by their dedicated Lifestyle Manager.

### Social activities

Mike Lyons, Operations Director at Platinum Skies says: "Every development has a dedicated on-site Lifestyle Manager, who as well as devising a programme of residents' activities, assists them individually on a day-to-day basis. Whether that's organising an introduction with a new neighbour, or setting up FaceTime with the grandchildren, they are there to help each resident to enjoy a fulfilled and active retirement."

Mike added: "With a mix of social activities, days out and health related activity, there is

### LIVING IN HARMONY

RESIDENTS are often treated to fantastic live music, such as this recent event with the talented trio, Sodapops.



something for everyone. We offer sessions such as yoga, pilates and tai chi, all held in the resident's communal 'studio' or out on to the large terrace over the warmer months."

### A full calendar of events

One of the most popular events are the dance classes, which are held in the activity rooms and usually accompanied by high-tea in one of the stylish lounge areas.

Lifestyle Manager, Alison LeClerc says: "Many of our residents were keen dancers in their youth, and I am not just talking classic

*“ Enjoy your fulfilled and active retirement ”*

ballroom. Having gyrated their lives away in the 1960s and 70s, rock and roll, salsa, twist, soul, and even hip hop are more often the 'dance of choice' for a number of them. So, in response to overwhelming demand, we have lost no time in setting up informal in-house dance sessions, where both singles and



couples are welcomed.

Alison added: "Our friendly dance tutors that includes fellow Lifestyle Managers are encouraging everyone to lose their inhibitions and join in. It is a great way of meeting new friends, and one of the best forms of exercise, keeping both limbs and minds fluid and active." ■

**FIND OUT MORE**

about shared ownership. Visit [platinumskies.co.uk](http://platinumskies.co.uk) or call us on 01202 012571

## Afternoon tea at Esprit!

AT EVERY Platinum Skies location, there are fantastic facilities that allow residents to share their passions and interests.

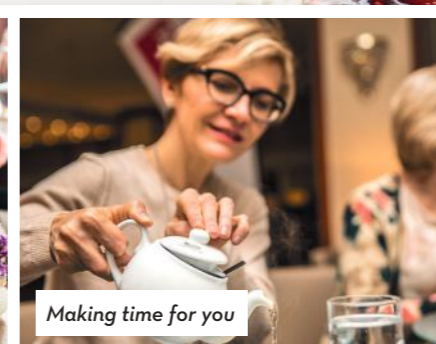
Staff and residents like to have a good time together and social interaction has the added benefit of helping prevent many of the degenerative conditions that can stifle the enjoyment of retirement.

Afternoon tea is a popular, regular occurrence that brings residents together.

Since opening in July last year, Esprit in Poole has become a popular destination based in the heart of the community.



Relax and unwind



Making time for you



Enjoy time with friends

# From me ...to you

Free up your money for the things that matter, so you can live life to the full with the people that matter.

**M**ANY OVER 55's are living on low or moderate incomes and often struggle with the upkeep to their homes and access to the care they need. With a sky-high cost of living and uncertain economy, there's never been a more important time to recognise the value in our homes to help improve our lives as we get older.

## Affordable for all

If you've owned your home for a few years, it's likely you've built some equity in it. Perhaps you'd love to downsize or use a lifetime mortgage product to release equity to pay for your retirement. Maybe you are searching for a property that's more suited to your needs today, or for the future.

Whatever your reasons, with Platinum

Skies shared ownership you can afford to buy a brand-new property at a truly affordable price.

Prices can start as low as £99,500, as you only pay half the market price for your new contemporary home.

## Government backed

If you were considering equity release, then you can access more capital with shared ownership than by using a typical equity release scheme, without suffering high interest rates and financial penalties that may erode your investment.

As a registered provider of the Older Persons Shared Ownership scheme, all

rental charges and fees are set by the Government body, Homes England. Everything is transparent, there are no hidden charges.

The low purchase price means that you may be able to invest the released equity to supplement your income, make your budget go much further and afford a better quality property compared to a straight

downsizing move. Speak to any Platinum Skies resident and you'll soon discover that this is the smart way to retire. Our residents enjoy a fulfilled Platinum Skies life with regular travel abroad, socialising and a vibrant lifestyle.

Platinum Skies resident, Margaret told us: "It's better than taking out all of these equity loans. Doing it this way, you've got the cash released, you've actually sold your house before you've moved. You're not held up on the move, so you haven't got to wait for that chain.

That makes a big difference. And yes you've got that extra cash to spend, you can go and have a couple of holiday cruises instead of just one!"

Take Russ and Kim, who also used the Platinum Skies shared ownership scheme: "It's the best thing we've done. We're able to release money and enjoy life." ■

**“ We're able to release money, so we can enjoy life ”**

## FIND OUT MORE

To find out more about Shared Ownership, visit [platinumskies.co.uk](http://platinumskies.co.uk) or call us on 01202 012571.



## People are discovering a Platinum Skies life!

Meet our vibrant community of Platinum Skies residents who are enjoying a fun and rewarding retirement



Read their story

### LILIAN & ROY

"Part-buy, part-rent was the perfect solution for us. Platinum Skies enabled us to move into a brand new home which otherwise would have been out of reach."



Watch the video

### RUSS & KIM

"I would advise anyone who was in our position to seriously think about doing this. It's the best thing we've done."



At [platinumskies.co.uk](http://platinumskies.co.uk)

### GLENDA

"I just had to make the decision of what to do and my Platinum Skies home made the decision for me. It made it a lot easier."





# HALF PRICE HOMES

**Pay for half, rent half, live life to the full**

With a new Platinum Skies home you'll unlock one of life's richest rewards: freedom to live and laugh a little more.

- ✓ Choose your stunning new home, pay for only half\*
- ✓ Government-approved shared ownership scheme
- ✓ Free yourself up to enjoy a luxury lifestyle
- ✓ Invest in a home that meets your present and future needs
- ✓ Secure your new home without waiting to sell your old one
- ✓ Save thousands on stamp duty and agent's fees

Luxury  
homes from  
£99,500\*

  
**PlatinumSkies**  
RETIREMENT LIVING

HOMES IN SALISBURY, POOLE,  
CHRISTCHURCH AND SHERBORNE

**NEW SHOW HOMES - CALL TO BOOK YOUR APPOINTMENT  
CALL 01202 012571 OR VISIT PLATINUMSKIES.CO.UK**



\* Based on 50% shared ownership. Age and eligibility criteria apply. You will also pay rent, service charges, ground rent and event fees. To fully enjoy the Platinum Skies lifestyle and long-term security, we recommend buyers have at least 85% of market value from the sale of their present property. Some images used in this advertisement are computer generated and for general guidance only. Platinum Skies is a Registered Social Landlord regulated by and registered with Homes England (No.4836). 170 Charminster Rd, Bournemouth BH8 9RL. The Platinum Skies family of businesses currently consists of three legal entities: Affordable Housing and Healthcare Ltd; Platinum Skies Management Ltd and Platinum Skies Living Ltd. Platinum Skies Living Ltd is a Registered Provider regulated by and registered with Homes England (no 4836).